

Civilian Safety Awareness Program

**Be Smart, Be Ready,
Be Safe!**



Have You Ever Felt Vulnerable?

Have you ever been awakened by a startling sound during the middle of the night? How about the last time you walked down a dark street or felt that eerie feeling while walking to your car in a car park? Remember the stranger following too closely behind you? What about the relief you felt after it was over? What if you had been attacked? Want to feel more secure and less vulnerable? You can become a victim or you can take control of the situation. You need to take this program and learn survival skills which may save your life!

Everyone Should Take This Training Program

Retirees... Nurses... Shift Workers... Home Owners... Hospitality staff... Joggers... Students... Bus Drivers...
Women... Men... Your Children... Your Loved Ones...

Carry a mobile phone? Maybe you'll have time to call the police, but how long will it be before they arrive!



Professional Training for High Risk Situations

For Bookings call our Office on +618 9249 2829 or go to www.tc-solutions.com.au

Civilian Safety Awareness Program

What You Will Learn

TCS will teach you how to avoid dangerous encounters. Unfortunately, all dangerous encounters cannot be avoided; so TCS will also teach you:

- Safety Awareness Tips
- How to Carry and Properly Deploy Pepper Spray
 - Verbal Commands and Presence
- Training Drills with Inert Training Sprays
 - Post Deployment Advice
 - Simple Self Defense Techniques



Become proficient and accurate when using your SABRE pepper spray by deploying Inert Practice Sprays at Static Targets. Advance your skills by deploying the Practice Spray at your instructor during a simulated attack!

BE SMART – BE READY – BE SAFE!

What You Will Receive

TCS students will undergo about three (3) hours of Safety Awareness Information, Tips, Skills and Techniques within an intimate and fun atmosphere. Class sizes will be relatively small allowing your instructor to critique your performance and provide important feedback.

Each student will receive:

**\$140
inclusive**

**SABRE Defence Spray with Quick Release Key Ring
Survivor Skills for Smart Living
Certificate of Completion**

**\$140
inclusive**

Who Will Teach the Program

Your SABRE Civilian Safety Awareness Program will be taught by a Certified SABRE Instructor. TCS instructors are former Police Officers with a wealth of experience and knowledge.



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